**SLPS AIM Initiative**

The aim of the Saint Louis Public School District’s **AIM for Fitness** Initiative is to enable all students to enhance their quality of life through a healthy, active lifestyle.

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**AIM** = Academics In Movement

AIM Physical Education Curriculum was designed to be an instructional planning tool and resource for SLPS Physical Education Teachers, encompassing state and national instructional requirements.

 **M. Leanne White, Ed.S**. Director of AIM Initiatives - ~AIM for Fitness ~Healthy Schools Healthy Communities ~Healthy Schools Movement ~Green Schoolyards

*Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.* ~John F. Kennedy

 @AIM4FitnessSLPS

slps\_aim4fitness